

V=Vegetarian, Snack, WG=Whole Grain

Milk, fruit and vegetables are served with lunch. Lunches are prepared homestyle daily using the freshest ingredients possible. Whole grain and organic when available.

Mon	Tue	Wed	Thu	Fri
International Night Nov 3 6pm		1 <u>WG Cracker</u> V Macaroni & Cheese  <u>Goldfish</u>	2 <u>Pretzels</u> Turkey Tacos  <u>WG Cereal</u>	3 <u>Fruit/Vegetable</u> V Tomato Sauce with Mozzarella Pizza  <u>Goldfish</u>
6 <u>Pretzels</u> V Lentils with Sautéed Raisins and Rice  <u>Fruit/Vegetable</u>	7 <u>WG Cracker</u> Chicken Nuggets and Garlic Bread  <u>WG Cereal</u>	8 <u>Goldfish</u> V Cheese Sandwich  <u>WG Cracker</u>	9 <u>WG Cereal</u> Turkey and Rice  <u>Pretzels</u>	10 <u>Fruit/Vegetable</u> V Cheese Pizza  <u>Goldfish</u>
13 <u>Pretzels</u> V Loubiya Polo  <u>Fruit/Vegetable</u>	14 <u>WG Cereal</u> V Scrambled Eggs with Rice and Vegetables  <u>WG Cracker</u>	15 <u>WG Cracker</u> V Alfredo Sauce with Pasta  <u>Goldfish</u>	16 <u>Pretzels</u> Turkey & Cheese Coney  <u>WG Cereal</u>	17 <b>THANKSGIVING FEAST</b> <b>EARLY DISMISSAL 11:45AM</b> <b>TEACHER PREP UNTIL 3:30PM</b>
20 <b>Student Holiday-Child Care 8:30am to 5pm (with reservation and payment)</b>	21 <b>Student Holiday-Child Care 8:30am to 5pm (with reservation and payment)</b>	22 <b>FAMILY HOLIDAY/ SCHOOL CLOSED/ NO CLASSES OR CHILD CARE</b>	23 <b>FAMILY HOLIDAY/ SCHOOL CLOSED/ NO CLASSES OR CHILD CARE</b>	24 <b>FAMILY HOLIDAY/ SCHOOL CLOSED/ NO CLASSES OR CHILD CARE</b>
27 <u>Pretzels</u> V Lima Beans and Cilantro  <u>Fruit/Vegetable</u>	28 <u>WG Cereal</u> Chicken Noodle Soup  <u>WG Cracker</u>	29 <u>WG Cracker</u> V Bagels with Almond Butter  <u>Goldfish</u>	30 <u>Pretzels</u> Turkey & Marinara Sauce  <u>WG Cereal</u>	